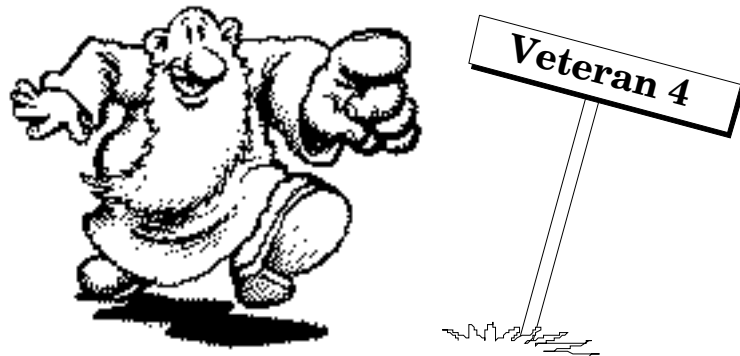


Statistik 1995

Side 1



Atletik

Damer Gruppe 35

Marathon

Gitte Jensen	Middelfart	17-09	3.50.17,0
Birthe Jensen	Middelfart	17-09	4.05.42,0

Kuglestød

Susanne Jensen	Randers	20-05	11,43
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Diskoskast

Susanne Jensen	Svendborg	06-07	41,40
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Spydkast

Susanne Jensen	Svendborg	27-06	48,52
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Hammerkast

Susanne Jensen	Randers	03-06	33,90
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Kaste 3-kamp

Susanne Jensen	Randers	03-06	2193
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Kaste 4-kamp

Susanne Jensen	Randers	03-06	2815
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Damer Gruppe 50**5000 m**

Birthe T. Hansen	Svendborg	09-05	20.22,8
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10 km landevej

Birthe T. Hansen	Odense	01-10	41.53,0
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1/2 marathon

Birthe T. Hansen	Skive	09-04	1.33.55,0
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Marathon

Birthe T. Hansen	Helsingør	15-10	3.25.02,0
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Damer Gruppe 55**Marathon**

Ulla Andersen	Middelfart	17-09	4.06.31,0
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Herrer Gruppe 30**100 m**

Jens Pedersen	Svendborg	06-05	13,6
Gert Duus	Svendborg	06-05	16,3

800 m

Jens Pedersen	Odense	03-08	2.05,5
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1000 m

Jens Pedersen	Svendborg	24-08	2.44,2
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1500 m

Jens Pedersen	Århus	02-05	4.13,10
Gert Duus	Svendborg	06-05	5.39,5

3000 m

Jens Pedersen	Odense	18-05	9.14,5
Niels Duedahl	Svendborg	30-05	10.17,8

5000 m

Jens Pedersen	Aalborg	30-07	16.14,20
Niels Duedahl	Svendborg	15-08	18.12,5

10 km landevej

Jens Pedersen	Odense	01-10	32.12,0
Asger N. Sørensen	Odense	01-10	35.23,0
Niels Duedahl	Odense	01-10	37.51,0

Marathon

Gert Duus	Middelfart	17-09	4.04.06,0
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Længdespring

Jens Pedersen	Svendborg	06-05	4,17
Gert Duus	Svendborg	06-05	3,64

Herrer Gruppe 30**Højdespring**

Lars Hansen	Svendborg	11-05	1,60
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Kuglestød

Jens Pedersen	Svendborg	06-05	6,95
Gert Duus	Svendborg	06-05	6,23

Diskoskast

Lars Hansen	Svendborg	09-05	35,44
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Herrer Gruppe 35**100 m**

Djafar Tamechmecht	Svendborg	27-06	12,7
Niels J. Rasmussen	Svendborg	06-05	13,6
Magnus Hamlin	Svendborg	27-06	15,5

200 m

Magnus Hamlin	Svendborg	06-07	30,9
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300 m

Djafar Tamechmecht	Svendborg	20-07	40,8
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400 m

Djafar Tamechmecht	Svendborg	06-07	62,3
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800 m

Magnus Hamlin	Svendborg	27-06	2.33,2
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Herrer Gruppe 35**1000 m**

Mogens Nielsen	Svendborg	24-08	2.51,3
Magnus Hamlin	Svendborg	24-08	2.59,4

1500 m

Mogens Nielsen	Svendborg	15-08	4.30,3
Niels J. Rasmussen	Svendborg	06-05	5.25,2

1 mile

Mogens Nielsen	Svendborg	27-06	4.55,9
Djafar Tamechmecht	Svendborg	27-06	5.08,3
Magnus Hamlin	Svendborg	27-06	5.14,0

2000 m

Mogens Nielsen	Svendborg	06-07	6.06,6
Djafar Tamechmecht	Svendborg	06-07	6.33,9
Magnus Hamlin	Svendborg	06-07	6.36,6

3000 m

Djafar Tamechmecht	Svendborg	20-07	10.04,6
Magnus Hamlin	Svendborg	20-07	10.06,2

5000 m

Mogens Nielsen	Svendborg	09-05	16.30,2
Per A. Simonsen	Ringe	13-06	16.32,0
Magnus Hamlin	Svendborg	15-08	17.34,8
Djafar Tamechmecht	Svendborg	09-05	18.00,7

10000 m

Mogens Nielsen	Tåstrup	01-09	34.44,5
Magnus Hamlin	Svendborg	11-05	38.17,7

10 km landevej

Per A. Simonsen	Odense	01-10	32.15,0
Djafar Tamechmecht	Odense	01-10	37.38,0

Herrer Gruppe 35**15 km**

Mogens Nielsen	Viborg	29-01	56.56,0
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1/2 marathon

Per A. Simonsen	Odense	07-06	1.15.10,0
Mogens Nielsen	Skive	09-04	1.17.27,0
Magnus Hamlin	Skive	09-04	1.23.54,0

Marathon

Per A. Simonsen	Hamburg	30-04	2.39.19,0
Mogens Nielsen	København	21-05	2.51.11,0
Flemming Pytlick	København	21-05	3.06.16,0
Sabit Muhibic	København	21-05	3.35.02,0

Længdespring

Niels J. Rasmussen	Svendborg	06-05	4,57
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Kuglestød

Niels J. Rasmussen	Svendborg	06-05	7,76
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Herrer Gruppe 40**100 m**

Gilbert Jespersen	Svendborg	06-05	13,4
Niels Christiansen	Svendborg	27-06	14,4

200 m

Niels Christiansen	Svendborg	06-07	29,2
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400 m

Niels Christiansen	Svendborg	06-07	64,1
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800 m

Gilbert Jespersen	Svendborg	27-06	2.14,9
Niels Christiansen	Svendborg	27-06	2.16,4

1000 m

Abdellatif Elhamouni	Svendborg	24-08	2.53,1
Gilbert Jespersen	Svendborg	24-08	2.57,9

1500 m

Abdellatif Elhamouni	Svendborg	15-08	4.37,6
Gilbert Jespersen	Svendborg	15-08	4.39,6
Niels Christiansen	Svendborg	15-08	5.26,7

1 mile

Abdellatif Elhamouni	Svendborg	27-06	5.00,3
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2000 m

Niels Christiansen	Svendborg	06-07	6.25,3
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3000 m

Niels Christiansen	Svendborg	30-05	9.25,3
Torben Sørensen	Svendborg	30-05	9.26,4
Abdellatif Elhamouni	Svendborg	20-07	10.01,1

Herrer Gruppe 40**5000 m**

Niels Christiansen	Odense	01-06	16.15,3
Torben Sørensen	Svendborg	09-05	16.31,5
Bernt Engstrøm	Svendborg	09-05	18.56,7
Lars Toft	Svendborg	09-05	20.46,8

10000 m

Torben Sørensen	Svendborg	11-05	34.38,1
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10 km landevej

Niels Christiansen	Odense	01-10	33.36,0
Abdellatif Elhamouni	Odense	01-10	36.48,0
John Svop	Odense	01-10	38.28,0

15 km

Niels Christiansen	Viborg	29-01	52.59,0
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1/2 marathon

Niels Christiansen	Skive	09-04	1.16.38,0
Torben Sørensen	Odense	07-06	1.17.15,0
Allan Legaard	Skive	09-04	1.31.09,0
Kurt Slabiak	Skive	09-04	1.31.16,0
Tommy Christensen	Skive	09-04	1.33.32,0
Henning Jensen	Skive	09-04	1.38.06,0
Bent Haumann	Skive	09-04	1.42.27,0

Marathon

Torben Sørensen	Middelfart	17-09	2.43.34,0
Kurt Slabiak	København	21-05	3.23.17,0
Allan Legaard	Hamburg	30-04	3.25.39,0
Bent Haumann	Middelfart	17-09	3.28.13,0
Henning Jensen	Hamburg	30-04	3.32.01,0
Tommy Christensen	Hamburg	30-04	3.36.21,0

Længdespring

Gilbert Jespersen	Svendborg	06-05	5,03
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Herrer Gruppe 40**Højdespring**

Gilbert Jespersen	Svendborg	11-05	1,55
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Kuglestød

Gilbert Jespersen	Svendborg	06-05	9,00
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Diskoskast

Gilbert Jespersen	Svendborg	30-05	30,16
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Herrer Gruppe 45**1/2 marathon**

Lars Bo Simper	Odense	07-06	1.25.24,0
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Marathon

Lars Bo Simper	København	21-05	2.57.26,0
Erik Linde	Middelfart	17-09	3.17.07,0

Herrer Gruppe 50**5000 m**

Erling Hansen	Svendborg	09-05	18.58,4
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10000 m

Erling Larsson	Svendborg	11-05	38.47,6
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10 km landevej

Erling Hansen	Odense	01-10	39.31,0
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1/2 marathon

John Hvidtfeldt	Skive	09-04	1.22.46,0
Erling Hansen	Skive	09-04	1.26.42,0
Keld B. Petersen	Skive	09-04	1.28.47,0

Marathon

John Hvidtfeldt	København	21-05	2.54.41,0
Erling Hansen	Hamburg	30-04	3.02.36,0

Alle tiders bedste**Damer Gruppe 30****400 m**

Susanne Jensen	77,17	1994
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800 m

Connie Eriksen	2.35,4	1986
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1500 m

Connie Eriksen	5.02,7	1986
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5000 m

Connie Eriksen	18.55,2	1986
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10 km landevej

Inge Lise Bang	44.36,0	1991
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20 km

Connie Eriksen	1.19.26,7	1986
Lene Lauenborg	1.43.56,0	1984

1/2 marathon

Inge Lise Bang	1.38.54,0	1992
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Marathon

Connie Eriksen	3.06.11,0	1986
Waltraud Christiansen	3.57.46,0	1988

Højdespring

Anne Grethe Skovgård	1,48	1980
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Kuglestød

Susanne Jensen	11,73	1994
Anne Grethe Skovgård	9,78	1980
Kirsten Jørgensen	8,71	1987

Diskoskast

Susanne Jensen	40,54	1992
Anne Grethe Skovgård	31,54	1980
Kirsten Jørgensen	24,96	1987

Spydkast

Susanne Jensen	46,72	1990
Anne Grethe Skovgård	31,96	1980

Hammerkast

Susanne Jensen	32,80	1990
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Vægtkast

Susanne Jensen	10,68	1993
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Kaste 3-kamp

Susanne Jensen	2265	1992
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Kaste 4-kamp

Susanne Jensen	2775	1994
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Kaste 5-kamp

Susanne Jensen	2600	1993
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Side 12
Alle tiders bedste

Damer Gruppe 35

800 m		
Connie Eriksen	2.29,3	1987
1500 m		
Connie Eriksen	4.53,3	1987
Birthe T. Hansen	5.40,1	1982
3000 m		
Connie Eriksen	10.27,5	1989
Pia Stamm	15.31,48	1994
5000 m		
Connie Eriksen	18.04,5	1989
10000 m		
Connie Eriksen	37.02,0	1987
10 km landevej		
Connie Eriksen	38.47,0	1990
Birthe T. Hansen	49.07,0	1981
Amy Rasmussen	58.52,90	1991
15 km		
Connie Eriksen	57.09,0	1988
20 km		
Connie Eriksen	1.15.31,0	1987
Birthe T. Hansen	1.29.40,0	1984
1/2 marathon		
Hanne Jensen	1.41.13,0	1991
Gitte Jensen	1.49.36,0	1994

Marathon		
Connie Eriksen	2.55.14,0	1987
Gitte Jensen	3.50.17,0	1995
Birthe Jensen	4.05.42,0	1995
Kuglestød		
Susanne Jensen	11,43	1995
Diskoskast		
Susanne Jensen	41,40	1995
Spydkast		
Susanne Jensen	48,52	1995
Hammerkast		
Susanne Jensen	33,90	1995
Kaste 3-kamp		
Susanne Jensen	2193	1995
Kaste 4-kamp		
Susanne Jensen	2815	1995

Side 13
Alle tiders bedste

Damer Gruppe 40

800 m		
Birthe T. Hansen	2.48,0	1986
1500 m		
Birthe T. Hansen	5.37,1	1988
3000 m		
Anni Johansen	15.10,66	1994
5000 m		
Anette Larsson	19.53,9	1989
Birthe T. Hansen	20.40,9	1988
10 km landevej		
Anette Larsson	41.12,0	1990
Birthe T. Hansen	44.35,0	1986
Lone Steinmejer	53.30,0	1993
Amy Rasmussen	57.21,0	1993
Birthe Petersen	59.28,0	1991
20 km		
Birthe T. Hansen	1.28.57,0	1988
1/2 marathon		
Jette Christiansen	1.31.04,0	1993
Lone Steinmejer	2.00.07,0	1993
Marathon		
Birthe T. Hansen	3.29.02,0	1989

Damer Gruppe 45

3000 m		
Birthe T. Hansen	12.04,31	1994
5000 m		
Birthe T. Hansen	20.58,8	1994
10000 m		
Lisbeth Beck	50.16,5	1993
10 km landevej		
Birthe T. Hansen	41.50,0	1991
Lisbeth Beck	49.39,0	1992
20 km		
Birthe T. Hansen	1.26.34,0	1990
1/2 marathon		
Birthe T. Hansen	1.30.11,0	1991
Marathon		
Birthe T. Hansen	3.20.54,0	1991

Side 14
Alle tiders bedste

Damer Gruppe 50

5000 m

Birthe T. Hansen 20.22,8 1995

10 km landevej

Birthe T. Hansen 41.53,0 1995

1/2 marathon

Birthe T. Hansen 1.33.55,0 1995

Marathon

Birthe T. Hansen 3.25.02,0 1995

Damer Gruppe 55

Marathon

Ulla Andersen 4.06.31,0 1995

Damer Gruppe 60

5000 m

Ruth Jensen 28.00,0 1985

10000 m

Ruth Jensen 55.59,0 1985

20 km

Ruth Jensen 2.11.47,0 1985

Damer Gruppe 65

800 m

Ruth Jensen 4.07,4 1986

1500 m

Ruth Jensen 7.58,7 1987

5000 m

Ruth Jensen 26.51,3 1987

10000 m

Ruth Jensen 56.51,8 1987

20 km

Ruth Jensen 2.07.34,0 1986

Side 15
Alle tiders bedste

Herrer Gruppe 30

100 m

Kurt Wahl 11,2 1982
Preben Larsson 12,2 1985
Gilbert Jespersen 12,4 1981
Hans Bøgner 12,5 1981
Djafar Tamechmecht 12,9 1991
Tage Christoffersen 13,5 1984
Jens Pedersen 13,6 1995
Gert Duus 16,3 1995

200 m

Kurt Wahl 23,7 1982
Gilbert Jespersen 24,7 1982
Preben Larsson 24,9 1985
Hans Bøgner 26,5 1982
Djafar Tamechmecht 26,7 1993

400 m

Jens Pedersen 54,3 1993
Gilbert Jespersen 54,4 1982
Djafar Tamechmecht 56,6 1991
Asger N. Sørensen 57,6 1993
Poul Arne Stegø 58,0 1981
Per A. Simonsen 61,2 1989
Bent L. Sørensen 72,4 1985

800 m

Jens Pedersen 1.56,0 1993
Gilbert Jespersen 2.02,3 1982
Djafar Tamechmecht 2.12,9 1993
Torben Sørensen 2.18,2 1986
Preben Lauesen 2.43,6 1981

1000 m

Jens Pedersen 2.38,1 1994
Gilbert Jespersen 2.45,5 1985

1500 m

Jens Pedersen 3.58,5 1993
Per A. Simonsen 4.12,0 1991
Poul Arne Stegø 4.12,7 1981
Arne Mogensfeldt 4.17,4 1975
Gilbert Jespersen 4.18,8 1984
Asger N. Sørensen 4.20,3 1994
Djafar Tamechmecht 4.30,7 1993
Carsten Andersen 4.38,1 1983
Torben Sørensen 4.40,7 1986
John Svop 5.02,0 1985
Bent L. Sørensen 5.07,5 1985
Hans Bøgner 5.13,5 1981
Gert Duus 5.39,5 1995
Kurt Wahl 5.57,5 1982

1 mile

Jens Pedersen 4.25,3 1993
Asger N. Sørensen 4.48,5 1994
Gilbert Jespersen 4.52,7 1985

2000 m

Jens Pedersen 5.37,8 1993
Arne Mogensfeldt 5.55,4 1974
Asger N. Sørensen 6.08,4 1993
Djafar Tamechmecht 6.18,8 1992

3000 m

Jens Pedersen 8.44,87 1993
Arne Mogensfeldt 9.06,2 1975
Per A. Simonsen 9.48,8 1990
Asger N. Sørensen 9.56,9 1994
Djafar Tamechmecht 10.12,2 1993
Magnus Hamlin 10.13,0 1990
Niels Duedahl 10.17,8 1995
Per Andersen 10.32,2 1985
Poul Arne Stegø 11.48,8 1982

Side 16
Alle tiders bedste

Herrer Gruppe 30

5000 m

Jens Pedersen	15.11,7	1993
Arne Mogensfeldt	15.37,2	1975
Poul Arne Stegø	15.57,0	1981
Carsten Andersen	16.03,0	1983
Per A. Simonsen	16.21,5	1991
Asger N. Sørensen	16.40,0	1994
Torben Sørensen	17.30,9	1986
Per Andersen	17.33,1	1986
Lars Toft	17.37,0	1984
Djafar Tamechmecht	17.43,1	1993
John Svop	17.56,5	1987
Magnus Hamlin	18.02,9	1990
Tonni Hansen	18.04,1	1987
Niels Duedahl	18.12,5	1995
Bent Lauridsen	18.13,0	1984
Henning Rasmussen	18.20,0	1984
Preben Lauesen	18.52,3	1983

10000 m

Jens Pedersen	31.29,1	1993
Arne Mogensfeldt	32.48,6	1975
Ole Nielsen	33.55,4	1993
Per A. Simonsen	34.16,0	1990
Asger N. Sørensen	35.54,1	1993
Carsten Andersen	36.12,1	1987
Per Andersen	36.20,4	1986
Torben Sørensen	36.29,5	1986
John Svop	36.39,0	1985
Bent Lauridsen	38.54,0	1984

10 km landevej

Jens Pedersen	32.12,0	1995
Per A. Simonsen	32.51,0	1991
Ole Nielsen	33.18,0	1994
Niels Christiansen	34.05,0	1989
Asger N. Sørensen	34.56,0	1992
Djafar Tamechmecht	36.51,30	1991
Jan Olsen	37.36,0	1990
Lars Toft	37.39,0	1984
Niels Duedahl	37.51,0	1995
Per S. Rasmussen	39.23,0	1992

15 km

Jens Pedersen	49.23,0	1993
Ole Nielsen	52.05,0	1993

20 km

Per A. Simonsen	1.10.50,0	1990
Poul Arne Stegø	1.12.13,0	1981
Torben Sørensen	1.12.32,2	1986
Arne Mogensfeldt	1.13.25,0	1975
Carsten Andersen	1.13.36,0	1987
John Svop	1.15.07,0	1984
Jan Olsen	1.17.58,0	1990
Magnus Hamlin	1.18.24,0	1990
Bent Lauridsen	1.23.35,0	1984
Tonni Hansen	1.24.54,0	1987
Henning Rasmussen	1.27.05,0	1984

1/2 marathen

Per A. Simonsen	1.14.59,0	1990
Jens Pedersen	1.15.24,0	1994
Ole Nielsen	1.16.02,0	1993
Tonny Simonsen	1.19.20,0	1992
Jan Olsen	1.19.27,0	1992
Asger N. Sørensen	1.20.14,0	1992
Djafar Tamechmecht	1.20.44,0	1993
Magnus Hamlin	1.25.16,0	1991
Per S. Rasmussen	1.28.04,0	1992
Erik Rasmussen	1.28.16,0	1990
Morten Heitmann	1.32.25,0	1993
Gert Duus	1.54.46,0	1994

30 km

John Svop	2.04.42,0	1985
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Side 17
Alle tiders bedste

Herrer Gruppe 30

Marathon

Per A. Simonsen	2.37.09,0	1989
John Svop	2.46.10,0	1984
Magnus Hamlin	2.53.37,0	1990
Poul Arne Stegø	2.55.32,0	1981
Jan Olsen	2.55.40,0	1990
Flemming Pytlick	2.58.08,0	1991
Torben Sørensen	2.58.45,0	1986
Niels Christiansen	3.03.30,0	1989
Per Andersen	3.09.13,0	1985
Bent Lauridsen	3.38.31,0	1984
Henning Rasmussen	3.57.06,0	1984
Gert Duus	4.04.06,0	1995

110 m hæk

Preben Larsson	16,9	1985
Gilbert Jespersen	19,9	1982

3000 m forh.

Poul Arne Stegø	10.02,4	1981
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4 * 100 m

Finn Olsen	46,8	1985
Preben Larsson		
Gilbert Jespersen		
Kurt Wahl		

Længdespring

Gilbert Jespersen	6,29	1982
Hans Bøgner	6,18	1982
Kurt Wahl	5,73	1982
Jens Pedersen	4,17	1995
Gert Duus	3,64	1995

Trespring

Kurt Wahl	12,07	1981
Gilbert Jespersen	11,64	1982

Højdespring

Gilbert Jespersen	1,80	1981
Hans Bøgner	1,70	1981
Lars Hansen	1,60	1995

Stangspring

Bent L. Sørensen	3,20	1982
Hans Bøgner	2,20	1982

Kuglestød

Freddie Nielsen	13,10	1981
Finn Olsen	11,18	1985
Preben Larsson	11,07	1985
Poul Rasmussen	10,63	1986
Tage Christoffersen	10,06	1984
Hans Bøgner	9,72	1981
Gilbert Jespersen	9,70	1982
Jens Pedersen	6,95	1995
Gert Duus	6,23	1995
Carsten Andersen	4,71	1985

Diskoskast

Tage Christoffersen	36,17	1982
Freddie Nielsen	35,95	1982
Lars Hansen	35,44	1995
Gilbert Jespersen	34,95	1983
Preben Larsson	29,81	1985
Hans Bøgner	28,39	1982
Bent L. Sørensen	27,45	1983
Poul Rasmussen	27,42	1986
Kurt Wahl	24,24	1982

Spydkast

Tage Christoffersen	61,09	1980
Preben Larsson	51,12	1985
Finn Olsen	48,39	1982
Gilbert Jespersen	48,23	1983
Hans Bøgner	34,12	1982
Kurt Wahl	32,49	1982

Side 18
Alle tiders bedste

Herrer Gruppe 30

Hammerkast

Freddie Nielsen	46,05	1982
Allan Drejer	39,29	1980
Poul Rasmussen	38,75	1986
Gilbert Jespersen	32,15	1983
Tage Christoffersen	26,88	1980
Carsten Andersen	9,30	1985

5-kamp DAF

Gilbert Jespersen	2744	1984
Hans Bøgner	2154	1982
Kurt Wahl	1970	1982

Herrer Gruppe 35

100 m

Kurt Wahl	11,4	1983
Hans Bøgner	12,5	1983
Gilbert Jespersen	12,5	1986
Djafar Tamechmecht	12,7	1994
Jørn-Iver Beck	13,1	1983
Niels J. Rasmussen	13,6	1995
Magnus Hamlin	15,5	1995

200 m

Kurt Wahl	23,4	1983
Gilbert Jespersen	25,5	1987
Djafar Tamechmecht	25,5	1994
Jørn-Iver Beck	26,4	1982
Hans Bøgner	26,5	1983
Magnus Hamlin	30,9	1995

300 m

Djafar Tamechmecht	40,8	1995
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400 m

Gilbert Jespersen	54,88	1986
Henning Rasmussen	58,2	1987
Hans Bøgner	58,9	1983
Torben Sørensen	61,1	1987
Djafar Tamechmecht	62,3	1995
Jørn-Iver Beck	65,5	1983
Bent Lauridsen	71,2	1987

800 m

Gilbert Jespersen	2.02,5	1987
Per A. Simonsen	2.11,0	1993
Svend Skipper	2.12,0	1986
Henning Rasmussen	2.16,8	1986
Erling Hansen	2.24,6	1982
Abdellatif Elhamouni	2.26,5	1991
Magnus Hamlin	2.33,2	1995

Side 19
Alle tiders bedste

Herrer Gruppe 35

1000 m

Gilbert Jespersen	2.42,9	1986
Mogens Nielsen	2.51,3	1995
Abdellatif Elhamouni	2.53,3	1994
Per A. Simonsen	2.53,3	1994
Niels Christiansen	2.57,2	1994
Djafar Tamechmecht	2.59,3	1994
Magnus Hamlin	2.59,4	1995
Carsten Andersen	3.04,2	1990

1500 m

Arne Mogensfeldt	4.16,2	1982
Gilbert Jespersen	4.20,5	1987
Per A. Simonsen	4.23,9	1993
Djafar Tamechmecht	4.26,8	1994
Svend Skipper	4.27,5	1986
Abdellatif Elhamouni	4.30,6	1991
Mogens Nielsen	4.30,3	1995
Niels Christiansen	4.31,3	1994
Henning Rasmussen	4.38,6	1986
Bent Lauridsen	4.45,2	1985
Erling Hansen	4.55,0	1983
Hans Bøgner	5.07,9	1983
Bent L. Sørensen	5.11,1	1986
Niels J. Rasmussen	5.25,2	1995
Jørn-Iver Beck	5.33,2	1983

1 mile

Gilbert Jespersen	4.43,1	1987
Djafar Tamechmecht	4.54,2	1994
Mogens Nielsen	4.55,9	1995
Magnus Hamlin	5.14,0	1995
Abdellatif Elhamouni	5.18,9	1994

2000 m

Per A. Simonsen	6.00,3	1994
Mogens Nielsen	6.06,6	1995
Niels Christiansen	6.13,4	1994
Abdellatif Elhamouni	6.22,1	1993
Djafar Tamechmecht	6.33,9	1995
Magnus Hamlin	6.36,6	1995

3000 m

Arne Mogensfeldt	8.40,7	1978
Niels Christiansen	9.27,6	1994
Djafar Tamechmecht	9.45,6	1994
Carsten Andersen	9.56,2	1989
Abdellatif Elhamouni	9.57,5	1991
Bent Lauridsen	10.03,0	1985
Bent Plith	10.06,1	1988
Magnus Hamlin	10.06,2	1995
Erling Hansen	10.58,0	1983

5000 m

Arne Mogensfeldt	14.53,6	1978
Per A. Simonsen	15.50,8	1992
Niels Christiansen	16.12,9	1994
Svend Skipper	16.15,4	1987
Mogens Nielsen	16.30,2	1995
Torben Sørensen	16.33,4	1989
Djafar Tamechmecht	16.44,0	1994
Carsten Andersen	16.47,1	1990
Abdellatif Elhamouni	17.00,6	1991
Magnus Hamlin	17.34,8	1995
Henning Rasmussen	17.37,2	1986
Erling Hansen	17.41,0	1983
Bent Lauridsen	17.46,7	1988
Jørn Nielsen	18.34,4	1986
Preben Rasmussen	19.07,0	1987
Hans Bøgner	20.17,0	1983
Jørn-Iver Beck	21.35,0	1983

10000 m

Arne Mogensfeldt	30.51,0	1978
Niels Christiansen	33.34,90	1994
Per A. Simonsen	33.59,7	1992
Svend Skipper	34.00,0	1987
Carsten Andersen	34.36,0	1990
Mogens Nielsen	34.44,5	1995
Torben Sørensen	36.00,2	1987
Abdellatif Elhamouni	36.33,8	1993
Henning Rasmussen	36.57,0	1985
Magnus Hamlin	37.04,20	1994
Erling Hansen	37.19,8	1982
Keld B. Petersen	39.15,0	1984

Side 20
Alle tiders bedste

Herrer Gruppe 35

10 km landevej

Arne Mogensfeldt	31.44,7	1978
Per A. Simonsen	32.15,0	1995
Niels Christiansen	33.44,0	1994
Djafar Tamechmecht	34.42,0	1994
Carsten Andersen	35.01,0	1990
Leif Nielsen	35.06,0	1992
Svend Skipper	35.09,0	1986
Mogens Nielsen	35.22,0	1994
Abdellatif Elhamouni	35.24,0	1991
John Svop	36.29,0	1990
Henning Rasmussen	37.17,0	1986
Bernt Engstrøm	37.20,0	1994
Jørn Nielsen	37.31,0	1986
Magnus Hamlin	37.53,0	1994
Kamel Tamechmecht	37.58,0	1991
Tonni Hansen	38.45,0	1994
Ole Rasmussen	40.02,0	1990
Tommy Christensen	42.13,00	1991
Henning Jensen	44.37,20	1991

15 km

Arne Mogensfeldt	47.56,4	1978
Carsten Andersen	52.32,0	1991
Niels Christiansen	52.56,0	1991
Mogens Nielsen	56.56,0	1995

20 km

Arne Mogensfeldt	1.03.30,0	1979
Carsten Andersen	1.09.27,0	1989
Svend Skipper	1.10.51,9	1986
Niels Christiansen	1.11.42,0	1990
Torben Sørensen	1.12.08,0	1989
Jørn Nielsen	1.14.16,6	1986
John Svop	1.14.42,0	1988
Henning Rasmussen	1.14.50,6	1986
Erling Hansen	1.16.49,0	1981
Bent Lauridsen	1.20.40,0	1986
Keld B. Petersen	1.21.16,0	1984
Preben Rasmussen	1.25.08,0	1987
Ole Rasmussen	1.25.50,0	1990
Tommy Christensen	1.31.54,0	1990

1/2 marathon

Arne Mogensfeldt	1.07.12,0	1979
Per A. Simonsen	1.12.30,0	1992
Torben Sørensen	1.12.35,0	1991
Carsten Andersen	1.15.42,0	1990
Niels Christiansen	1.16.30,0	1992
Mogens Nielsen	1.17.27,0	1995
Abdellatif Elhamouni	1.18.43,0	1992
John Svop	1.19.06,0	1991
Leif Nielsen	1.19.57,0	1992
Bernt Egnstrøm	1.20.29,0	1994
Magnus Hamin	1.23.54,0	1995
Tommy Christensen	1.31.57,0	1991
Ole Rasmussen	1.36.34,0	1993
Henning Jensen	1.38.27,0	1993

30 km

Arne Mogensfeldt	1.36.24,8	1978
Erling Hansen	1.58.11,0	1982
Torben Sørensen	2.00.00,0	1988
John Svop	2.00.28,0	1988
Henning Rasmussen	2.22.36,0	1985

Marathon

Arne Mogensfeldt	2.16.13,7	1978
Torben Sørensen	2.35.11,0	1991
Carsten Andersen	2.35.39,0	1989
Per A. Simonsen	2.36.37,0	1992
Svend Skipper	2.39.15,0	1987
Jørn Nielsen	2.44.57,0	1986
John Svop	2.46.20,0	1989
Erling Hansen	2.47.47,0	1981
Mogens Nielsen	2.51.11,0	1995
Henning Rasmussen	2.57.10,0	1989
Flemming Pytlick	3.06.16,0	1995
Bent Lauridsen	3.09.25,0	1985
Keld B. Petersen	3.14.20,0	1984
Mogens Clausen	3.18.57,0	1988
Preben Rasmussen	3.25.58,0	1989
Ole Rasmussen	3.26.01,0	1990
Sabit Muhibic	3.35.02,0	1995
Tommy Christensen	3.46.11,0	1990

Side 21
Alle tiders bedste

Herrer Gruppe 35

100 km

Arne Mognesfeldt	7.33.12,0	1982
Magnus Hamlin	9.51.28,0	1992

110 m hækk

Kurt Wahl	18,5	1983
Jørn-Iver Beck	20,3	1983
Hans Bøgner	21,1	1983

4 * 400 m

Svend Skipper	3.51,53	1986
Henning Rasmussen		
Bent Lauridsen		
Gilbert Jespersen		

Længdespring

Hans Bøgner	6,05	1983
Jørn-Iver Beck	6,02	1981
Gilbert Jespersen	5,69	1988
Kurt Wahl	5,68	1984
Niels J. Rasmussen	4,57	1995

Trespring

Jørn-Iver Beck	13,08	1981
Hans Bøgner	11,19	1983

Højdespring

Gilbert Jespersen	1,75	1987
Hans Bøgner	1,60	1983
Jørn-Iver Beck	1,55	1983

Stangspring

Jørn-Iver Beck	3,00	1981
Hans Bøgner	2,60	1983
Bent L. Sørensen	2,20	1986

Kuglestød

Freddie Nielsen	13,66	1983
Finn Olsen	11,44	1991
Hans Bøgner	9,59	1983
Jørn-Iver Beck	9,33	1983
Gilbert Jespersen	8,98	1990
Niels J. Rasmussen	7,76	1995
Erling Hansen	6,52	1983

Diskoskast

Freddie Nielsen	36,74	1985
Gilbert Jespersen	33,96	1990
Tage Christoffersen	33,60	1989
Jørn-Iver Beck	27,09	1983
Hans Bøgner	26,14	1983
Kurt Wahl	22,65	1985

Spydkast

Gilbert Jespersen	46,73	1986
Hans Bøgner	33,97	1983
Jørn-Iver Beck	30,71	1982

Hammerkast

Freddie Nielsen	47,94	1983
Gilbert Jespersen	35,20	1988
Jørn-Iver Beck	18,20	1983
Hans Bøgner	17,99	1983

5-kamp DAF

Gilbert Jespersen	2825	1987
Hans Bøgner	2122	1983
Jørn-Iver Beck	1874	1982

Side 22
Alle tiders bedste

Herrer Gruppe 40

100 m

Gilbert Jespersen	13,4	1995
Niels Christiansen	14,4	1995

200 m

Gilbert Jespersen	28,6	1993
Niels Christiansen	29,2	1995

400 m

Gilbert Jespersen	57,2	1992
Niels Christiansen	64,1	1995

800 m

Svend Skipper	2.09,8	1989
Gilbert Jespersen	2.10,5	1992
Niels Christiansen	2.16,4	1995
Erling Hansen	2.29,4	1986
Keld B. Petersen	2.34,4	1986

1000 m

Abdellatif Elhamouni	2.53,1	1995
Gilbert Jespersen	2.55,7	1994

1500 m

Arne Mogensfeldt	4.20,1	1986
Gilbert Jespersen	4.33,4	1992
Abdellatif Elhamouni	4.37,6	1995
Erling Hansen	4.58,8	1988
John Hvidtfeldt	5.02,2	1986
Keld B. Petersen	5.07,2	1986
Niels Christiansen	5.26,7	1995

1 mile

Abdellatif Elhamouni	5.00,3	1995
Gilbert Jespersen	5.08,1	1994

2000 m

Niels Christiansen	6.25,3	1995
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3000 m

Niels Christiansen	9.25,3	1995
Torben Sørensen	9.26,4	1995
Abdellatif Elhamouni	10.01,1	1995

5000 m

Arne Mogensfeldt	15.29,1	1983
Svend Skipper	16.09,8	1988
Niels Christiansen	16.15,3	1995
Torben Sørensen	16.31,5	1995
John Hvidtfeldt	17.38,6	1988
Erling Hansen	17.40,7	1984
Keld B. Petersen	17.47,5	1988
Mogens Clausen	18.34,1	1991
Bernt Engstrøm	18.56,7	1995
Lars Toft	20.46,8	1995

10000 m

Arne Mogensfeldt	33.53,0	1984
Torben Sørensen	34.38,1	1995
John Hvidtfeldt	36.31,2	1986
Erling Hansen	37.22,0	1985
Keld B. Petersen	37.42,1	1986
Erling Larsson	38.56,4	1989
Jørn-Iver Beck	41.00,9	1989

10 km landevej

Arne Mogensfeldt	32.06,0	1983
Niels Christiansen	33.36,0	1995
John Svop	36.13,0	1994
Abdellatif Elhamouni	36.48,0	1995
Keld B. Petersen	37.41,0	1986
Erling Hansen	37.46,0	1986
Mogens Clausen	39.11,60	1991
Erik Linde	39.16,10	1991
Alex Petersen	39.27,0	1991
Bent Lauridsen	40.59,0	1990
Preben Rasmussen	43.34,00	1991

Side 23
Alle tiders bedste

Herrer Gruppe 40

15 km

Niels Christiansen	52.59,0	1995
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20 km

Arne Mogensfeldt	1.05.17,1	1983
Svend Skipper	1.10.01,0	1988
John Hvidtfeldt	1.14.37,3	1986
Erling Hansen	1.15.26,9	1986
Keld B. Petersen	1.16.40,4	1986
Erik Linde	1.21.30,0	1990
Erling Larsson	1.21.43,0	1989
Alex Petersen	1.28.16,0	1990
Jørn-Iver Beck	1.29.18,0	1989

1/2 marathon

Torben Sørensen	1.14.42,0	1992
Niels Christiansen	1.16.38,0	1995
John Svop	1.19.22,0	1993
Jørn Nielsen	1.23.31,0	1993
Erik Linde	1.26.12,0	1991
Mogens Clausen	1.26.47,0	1993
Allan Legaard	1.29.49,0	1994
Kurt Slabiak	1.31.16,0	1995
Tommy Christensen	1.33.32,0	1995
Bent Lauridsen	1.33.53,0	1993
Henning Jensen	1.34.49,0	1994
Preben Rasmussen	1.42.08,0	1993
Bent Haumann	1.42.27,0	1995

30 km

Erling Hansen	2.01.38,0	1985
Keld B. Petersen	2.08.23,0	1985

Marathon

Arne Mogensfeldt	2.22.19,0	1983
Torben Sørensen	2.32.54,0	1992
John Svop	2.50.08,0	1993
Erling Hansen	2.50.35,0	1986
John Hvidtfeldt	2.54.35,0	1988
Jørn Nielsen	2.58.42,0	1992
Keld B. Petersen	3.01.02,0	1989
Erling Larsson	3.12.59,0	1989
Erik Linde	3.14.29,0	1989
Henning Rasmussen	3.14.34,0	1992
Alex Petersen	3.22.36,0	1988
Kurt Slabiak	3.23.17,0	1995
Allan Legaard	3.25.39,0	1995
Bent Haumann	3.28.13,0	1995
Jørn-Iver Beck	3.28.30,0	1989
Henning Jensen	3.32.01,0	1995
Tommy Christensen	3.36.21,0	1995
Bent Lauridsen	3.47.42,0	1994

100 km

Torben Sørensen	7.54.13,0	1992
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Længdespring

Gilbert Jespersen	5,21	1993
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Trespring

Jørn-Iver Beck	12,40	1986
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Højdespring

Gilbert Jespersen	1,60	1991
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Kuglestød

Freddie Nielsen	13,14	1988
Gilbert Jespersen	9,00	1995

Diskoskast

Freddie Nielsen	37,28	1988
Gilbert Jespersen	32,20	1991

Side 24
Alle tiders bedste

Herrer Gruppe 40

Spydkast

Gilbert Jeseprsen 42,40 1994

Hammerkast

Freddie Nielsen 44,14 1991
 Gilbert Jespersen 31,76 1991

5-kamp DAF

Gilbert Jespersen 2115 1993

Herrer Gruppe 45

100 m

Ole Thingstrup 12,4 1992

200 m

Ole Thingstrup 26,18 1993

5000 m

Erling Larsson 17.57,8 1993
 Erling Hansen 18.00,8 1989

10000 m

Erling Hansen 38.34,1 1989

10 km landevej

Erling Larsson 36.44,0 1990
 Keld B. Petersen 36.58,0 1990
 John Hvidtfeldt 37.37,0 1990
 Erik Linde 37.57,0 1992
 Erling Hansen 38.05,0 1992
 Jørn-Iver Beck 46.36,6 1994

20 km

Keld B. Petersen 1.17.36,0 1990
 John Hvidtfeldt 1.17.46,0 1990
 Erling Hansen 1.18.05,0 1990
 Andreas Lisbjerg 1.34.33,0 1990

1/2 marathon

Erling Larsson 1.21.07,0 1991
 John Hvidtfeldt 1.21.43,0 1991
 Keld B. Petersen 1.22.35,0 1993
 Erling Hansen 1.22.58,0 1991
 Erik Linde 1.23.59,0 1993
 Lars Bo Simper 1.25.24,0 1995
 Alex Petersen 1.25.57,0 1993
 Andreas Lisbjerg 1.35.14,0 1990

Marathon

Lars Bo Simper 2.57.26,0 1995
 John Hvidtfeldt 2.58.14,0 1990
 Erling Hansen 2.58.48,0 1990
 Erling Larsson 3.02.57,0 1990
 Keld B. Petersen 3.03.06,0 1991
 Erik Linde 3.03.57,0 1993
 David Rundell 3.25.22,0 1987
 Andreas Lisbjerg 4.33.58,0 1990

100 km

Erling Hansen 9.20.23,0 1993

Kuglestød

Herman Ahring 11,25 1975

Diskoskast

Herman Ahring 35,01 1975

Hammerkast

Herman Ahring 39,71 1975

Side 25
Alle tiders bedste

Herrer Gruppe 45

Vægtkast

Herman Ahring 11,67 1975

Kaste 3-kamp

Herman Ahring 1764 1975

Herrer Gruppe 50

5000 m

Erling Hansen 18.58,4 1995

10000 m

Erling Larsson 38.47,6 1995

10 km landevej

John Hvidtfeldt 38.06,0 1994
 Erling Hansen 39.31,0 1995

1/2 marathon

John Hvidtfeldt 1.22.46,0 1995
 Erling Hansen 1.26.42,0 1995
 Keld B. Petersen 1.28.47,0 1995

Marathon

John Hvidtfeldt 2.54.41,0 1995
 Erling Hansen 3.02.36,0 1995

100 km

Erling Hansen 9.51.34,0 1994

Herrer Gruppe 65

5000 m

Helge Dam 24.54,7 1989

Herrer Gruppe 70

10 km landevej

Helge Dam 51.51,0 1991