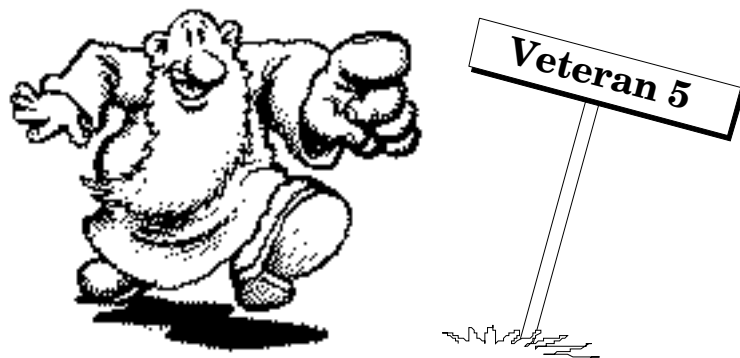


Statistik 1996



Atletik

Damer Gruppe 35

10 km landevej

Birthe Jensen	Odense	18-08	47.36,0
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Kuglestød

Susanne Jensen	Greve	25-05	11,11
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Diskoskast

Susanne Jensen	Svendborg	21-05	39,56
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Spydkast

Susanne Jensen	Svendborg	13-08	47,62
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Hammerkast

Susanne Jensen	Aalborg	27-07	34,62
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Kaste 3-kamp

Susanne Jensen	Greve	25-05	2239
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Kaste 4-kamp

Susanne Jensen	Greve	25-05	2873
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Damer Gruppe 40

10 km landevej

Bente Elsborg	Odense	18-08	50.38,0
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Damer Gruppe 45**10 km landevej**

Lone Jacobsen	Odense	18-08	1.02.06,0
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Damer Gruppe 50**10 km landevej**

Birthe T. Hansen	Holstebro	17-03	41.50,0
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1/2 marathon

Birthe T. Hansen	Helsingør	17-10	1.33.22,0
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Damer Gruppe 55**10 km landevej**

Ulla Andersen	Thisted	20-10	47.03,0
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1/2 marathon

Ulla Andersen	Esbjerg	03-11	1.45.09,0
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Herrer Gruppe 30**200 m**

Jens Pedersen	Svendborg	04-06	27,4
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1000 m

Jens Pedersen	Svendborg	09-07	2.47,6
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1500 m

Jens Pedersen	Odense	06-06	4.14,9
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3000 m

Jens Pedersen	Svendborg	13-08	9.04,0
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5000 m

Jens Pedersen	Aalborg	15-08	15.30,45
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10000 m

Jens Pedersen	Herning	30-08	32.02,00
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10 km landevej

Jens Pedersen	Holstebro	17-03	32.49,0
Asger N. Sørensen	Holstebro	17-03	34.48,0

15 km

Jens Pedersen	Køge	21-04	52.06,0
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Marathon

Per Nielsen	København	19-05	3.26.44,0
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Højdespring

Lars Hansen	Svendborg	21-05	1,50
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Herrer Gruppe 30**Diskoskast**

Lars Hansen	Svendborg	21-05	34,26
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Herrer Gruppe 35**300 m**

Djafar Tamechmecht	Svendborg	13-08	48,1
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400 m

Magnus Hamlin	Svendborg	11-06	68,2
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800 m

Mogens Nielsen	Svendborg	30-04	2.17,8
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1000 m

Magnus Hamlin	Svendborg	09-07	3.26,4
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1500 m

Per A. Simonsen	Odense	06-06	4.18,3
Magnus Hamlin	Svendborg	11-06	5.25,4

3000 m

Per A. Simonsen	Odense	09-05	9.33,4
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5000 m

Per A. Simonsen	Svendborg	04-06	16.00,7
Djafar Tamechmecht	Svendborg	04-06	19.44,6

10000 m

Per A. Simonsen	Svendborg	30-04	33.24,6
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Herrer Gruppe 35**10 km landevej**

Per A. Simonsen	Holstebro	17-03	33.48,0
Mogens Nielsen	Holstebro	17-03	36.10,0
Niels Duedahl	Holstebro	17-03	38.16,0
Magnus Hamlin	Holstebro	17-03	40.56,0
Djafar Tamechmecht	Odense	18-08	44.29,0

1/2 marathon

Per A. Simonsen	Odense	18-08	1.20.10,0
Niels Duedahl	Odense	18-08	1.29.58,0

Marathon

Per A. Simonsen	Hamburg	21-04	2.46.19,0
Sabit Muhibic	København	19-05	3.45.06,0

Kuglestød

Magnus Hamlin	Svendborg	11-06	7,12
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Herrer Gruppe 40**100 m**

Niels Christiansen	Svendborg	30-04	14,1
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200 m

Niels Christiansen	Svendborg	21-05	28,6
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400 m

Niels Christiansen	Svendborg	11-06	60,8
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800 m

Niels Christiansen	Odense	05-09	2.16,9
Poul E. Pedersen	Svendborg	30-04	2.37,0

Herrer Gruppe 40**1000 m**

Niels Christiansen	Svendborg	09-07	2.53,0
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1500 m

Niels Christiansen	Odense	06-06	4.27,5
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1 mile

Niels Christiansen	Svendborg	21-05	4.54,7
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2000 m

Niels Christiansen	Odense	12-09	6.10,4
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3000 m

Niels Christiansen	Svendborg	13-08	9.28,9
Poul E. Pedersen	Svendborg	13-08	11.34,7

5000 m

Niels Christiansen	Svendborg	04-06	16.02,2
Poul E. Pedersen	Svendborg	21-05	19.43,2

10000 m

Niels Christiansen	Svendborg	30-04	33.20,0
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10 km landevej

Niels Christiansen	Holstebro	17-03	33.57,0
Torben Sørensen	Holstebro	17-03	35.06,0
John Svop	Ryslinge	06-10	37.34,0
Tommy Christensen	Ryslinge	06-10	43.57,0
Flemming Rasmussen	Odense	18-08	45.55,0

1/2 marathon

Bent Haumann	Odense	18-08	1.32.03,0
Kurt Slabiak	Odense	18-08	1.33.15,0
Iver Midtiby	Odense	18-08	1.36.05,0
Tommy Christensen	Odense	18-08	1.40.46,0
Henning Jensen	Odense	18-08	1.53.33,0

Herrer Gruppe 40**Marathon**

Torben Sørensen	Ægypten	15-02	2.48.19,0
Bent Haumann	Berlin	30-09	3.13.31,0
Kurt Slabiak	Hamburg	21-04	3.36.21,0
Henning Jensen	Hamburg	21-04	4.15.45,0

Kuglestød

Niels Christiansen	Svendborg	11-06	6,68
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Diskoskast

Niels Christiansen	Svendborg	09-07	14,12
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Herrer Gruppe 45**800 m**

Kurt Jørgensen	Svendborg	13-08	2.16,0
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1500 m

Kurt Jørgensen	Odense	06-06	4.30,0
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1 mile

Kurt Jørgensen	Svendborg	21-05	4.54,3
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3000 m

Kurt Jørgensen	Svendborg	13-08	10.23,3
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5000 m

Kurt Jørgensen	Svendborg	04-06	17.09,1
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Herrer Gruppe 45**10000 m**

Kurt Jørgensen	Svendborg	30-04	36.22,6
Svend Madsen	Svendborg	30-04	38.13,1

10 km landevej

Kurt Jørgensen	Holstebro	17-03	36.37,0
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1/2 marathon

Lars Bo Simper	Esbjerg	03-11	1.26.11,0
Erik Linde	Odense	18-08	1.32.20,0
Allan Legaard	Odense	18-08	1.34.31,0
Jørn Nielsen	Odense	18-08	1.34.52,0

Marathon

Lars Bo Simper	København	19-05	2.57.29,0
Erik Linde	Berlin	30-09	3.16.05,0
Svend Madsen	Hamburg	21-04	3.31.40,0
Allan Legaard	Hamburg	21-04	3.38.29,0

Højdespring

Gilbert Jespersen	Svendborg	17-08	1,50
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Kuglestød

Kurt Jørgensen	Svendborg	11-06	8,00
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Spydkast

Gilbert Jespersen	Svendborg	17-08	42,40
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Herrer Gruppe 50**100 m**

Ole Thingstrup	Svendborg	17-08	12,6
Jørn-Iver Beck	Svendborg	30-04	13,9

200 m

Ole Thingstrup	Herning	01-09	26,5
Jørn-Iver Beck	Svendborg	21-05	30,8

400 m

Jørn-Iver Beck	Svendborg	11-06	65,8
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1000 m

Jørn-Iver Beck	Svendborg	09-07	3.45,7
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10 km landevej

Erling Larsson	Ringe	13-04	39.25,0
Erling Hansen	Holstebro	17-03	40.22,0

1/2 marathon

Erling Larsson	Esbjerg	03-11	1.25.14,0
Keld B. Petersen	Odense	18-08	1.26.41,0
John Hvidtfeldt	Odense	18-08	1.26.43,0
Erling Hansen	Esbjerg	03-11	1.30.25,0

Marathon

John Hvidtfeldt	København	19-05	3.00.20,0
Erling Larsson	København	19-05	3.03.39,0
Erling Hansen	Berlin	30-09	3.04.31,0
Keld B. Petersen	København	19-05	3.08.12,0

Kuglestød

Jørn-Iver Beck	Svendborg	11-06	8,67
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Diskoskast

Jørn-Iver Beck	Svendborg	09-07	23,38
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Side 10
Alle tiders bedste

Damer Gruppe 30

400 m

Susanne Jensen 77,17 1994

800 m

Connie Eriksen 2.35,4 1986

1500 m

Connie Eriksen 5.02,7 1986

5000 m

Connie Eriksen 18.55,2 1986

10 km landevej

Inge Lise Bang 44.36,0 1991

20 km

Connie Eriksen 1.19.26,7 1986
 Lene Lauenborg 1.43.56,0 1984

1/2 marathon

Inge Lise Bang 1.38.54,0 1992

Marathon

Connie Eriksen 3.06.11,0 1986
 Waltraud Christiansen 3.57.46,0 1988

Højdespring

Anne Grethe Skovgård 1,48 1980

Kuglestød

Susanne Jensen 11,73 1994
 Anne Grethe Skovgård 9,78 1980
 Kirsten Jørgensen 8,71 1987

Diskoskast

Susanne Jensen 40,54 1992
 Anne Grethe Skovgård 31,54 1980
 Kirsten Jørgensen 24,96 1987

Spydkast

Susanne Jensen 46,72 1990
 Anne Grethe Skovgård 31,96 1980

Hammerkast

Susanne Jensen 32,80 1990

Vægtkast

Susanne Jensen 10,68 1993

Kaste 3-kamp

Susanne Jensen 2265 1992

Kaste 4-kamp

Susanne Jensen 2775 1994

Kaste 5-kamp

Susanne Jensen 2600 1993

Side 11
Alle tiders bedste

Damer Gruppe 35

800 m

Connie Eriksen 2.29,3 1987

1500 m

Connie Eriksen 4.53,3 1987
 Birthe T. Hansen 5.40,1 1982

3000 m

Connie Eriksen 10.27,5 1989
 Pia Stamm 15.31,48 1994

5000 m

Connie Eriksen 18.04,5 1989

10000 m

Connie Eriksen 37.02,0 1987

10 km landevej

Connie Eriksen 38.47,0 1990
 Birthe Jensen 47.36,0 1996
 Birthe T. Hansen 49.07,0 1981
 Amy Rasmussen 58.52,90 1991

15 km

Connie Eriksen 57.09,0 1988

20 km

Connie Eriksen 1.15.31,0 1987
 Birthe T. Hansen 1.29.40,0 1984

1/2 marathon

Hanne Jensen 1.41.13,0 1991
 Gitte Jensen 1.49.36,0 1994

Marathon

Connie Eriksen 2.55.14,0 1987
 Gitte Jensen 3.50.17,0 1995
 Birthe Jensen 4.05.42,0 1995

Kuglestød

Susanne Jensen 11,43 1995

Diskoskast

Susanne Jensen 41,40 1995

Spydkast

Susanne Jensen 48,52 1995

Hammerkast

Susanne Jensen 34,62 1996

Kaste 3-kamp

Susanne Jensen 2239 1996

Kaste 4-kamp

Susanne Jensen 2873 1996

Side 12
Alle tiders bedste

Damer Gruppe 40

800 m

Birthe T. Hansen 2.48,0 1986

1500 m

Birthe T. Hansen 5.37,1 1988

3000 m

Anni Johansen 15.10,66 1994

5000 m

Anette Larsson 19.53,9 1989
Birthe T. Hansen 20.40,9 1988

10 km landevej

Anette Larsson 40.36,0 1989
Birthe T. Hansen 44.35,0 1986
Bente Elsborg 50.38,0 1996
Lone Jacobsen 53.30,0 1993
Amy Rasmussen 57.21,0 1993
Birthe Petersen 59.28,0 1991

20 km

Birthe T. Hansen 1.28.57,0 1988

1/2 marathon

Jette Christiansen 1.31.04,0 1993
Lone Jacobsen 2.00.07,0 1993

Marathon

Birthe T. Hansen 3.29.02,0 1989

Damer Gruppe 45

3000 m

Birthe T. Hansen 12.04,31 1994

5000 m

Birthe T. Hansen 20.58,8 1994

10000 m

Lisbeth Beck 50.16,5 1993

10 km landevej

Birthe T. Hansen 41.50,0 1991
Lisbeth Beck 49.39,0 1992
Lone Jacobsen 1.02.06,0 1996

20 km

Birthe T. Hansen 1.26.34,0 1990

1/2 marathon

Birthe T. Hansen 1.30.11,0 1991

Marathon

Birthe T. Hansen 3.20.54,0 1991

Side 13
Alle tiders bedste

Damer Gruppe 50

5000 m

Birthe T. Hansen 20.22,8 1995

10 km landevej

Birthe T. Hansen 41.50,0 1996

1/2 marathon

Birthe T. Hansen 1.33.22,0 1996

Marathon

Birthe T. Hansen 3.25.02,0 1995

Damer Gruppe 60

5000 m

Ruth Jensen 28.00,0 1985

10000 m

Ruth Jensen 55.59,0 1985

20 km

Ruth Jensen 2.11.47,0 1985

Damer Gruppe 65

800 m

Ruth Jensen 4.07,4 1986

1500 m

Ruth Jensen 7.58,7 1987

5000 m

Ruth Jensen 26.51,3 1987

10000 m

Ruth Jensen 56.51,8 1987

20 km

Ruth Jensen 2.07.34,0 1986

Damer Gruppe 55

10 km landevej

Ulla Andersen 47.03,0 1996

1/2 marathon

Ulla Andersen 1.45.09,0 1996

Marathon

Ulla Andersen 4.06.31,0 1995

Side 14
Alle tiders bedste

Herrer Gruppe 30

100 m

Kurt Wahl	11,2	1982
Preben Larsson	12,2	1985
Gilbert Jespersen	12,4	1981
Hans Bøgner	12,5	1981
Djafar Tamechmecht	12,9	1991
Tage Christoffersen	13,5	1984
Jens Pedersen	13,6	1995
Gert Duus	16,3	1995

200 m

Kurt Wahl	23,7	1982
Gilbert Jespersen	24,7	1982
Preben Larsson	24,9	1985
Hans Bøgner	26,5	1982
Djafar Tamechmecht	26,7	1993
Jens Pedersen	27,4	1996

400 m

Jens Pedersen	54,3	1993
Gilbert Jespersen	54,4	1982
Djafar Tamechmecht	56,6	1991
Asger N. Sørensen	57,6	1993
Poul Arne Stegø	58,0	1981
Per A. Simonsen	61,2	1989
Bent L. Sørensen	72,4	1985

800 m

Jens Pedersen	1.56,0	1993
Gilbert Jespersen	2.02,3	1982
Djafar Tamechmecht	2.12,9	1993
Torben Sørensen	2.18,2	1986
Preben Lauesen	2.43,6	1981

1000 m

Jens Pedersen	2.38,1	1994
Gilbert Jespersen	2.45,5	1985

1500 m

Jens Pedersen	3.58,5	1993
Per A. Simonsen	4.12,0	1991
Poul Arne Stegø	4.12,7	1981
Arne Mogensfeldt	4.17,4	1975
Gilbert Jespersen	4.18,8	1984
Asger N. Sørensen	4.20,3	1994
Djafar Tamechmecht	4.30,7	1993
Carsten Andersen	4.38,1	1983
Torben Sørensen	4.40,7	1986
John Svop	5.02,0	1985
Bent L. Sørensen	5.07,5	1985
Hans Bøgner	5.13,5	1981
Gert Duus	5.39,5	1995
Kurt Wahl	5.57,5	1982

1 mile

Jens Pedersen	4.25,3	1993
Asger N. Sørensen	4.48,5	1994
Gilbert Jespersen	4.52,7	1985

2000 m

Jens Pedersen	5.37,8	1993
Arne Mogensfeldt	5.55,4	1974
Asger N. Sørensen	6.08,4	1993
Djafar Tamechmecht	6.18,8	1992

3000 m

Jens Pedersen	8.44,87	1993
Arne Mogensfeldt	9.06,2	1975
Per A. Simonsen	9.48,8	1990
Asger N. Sørensen	9.56,9	1994
Djafar Tamechmecht	10.12,2	1993
Magnus Hamlin	10.13,0	1990
Niels Duedahl	10.17,8	1995
Per Andersen	10.32,2	1985
Poul Arne Stegø	11.48,8	1982

Side 15
Alle tiders bedste

Herrer Gruppe 30

5000 m

Jens Pedersen	15.11,7	1993
Arne Mogensfeldt	15.37,2	1975
Poul Arne Stegø	15.57,0	1981
Carsten Andersen	16.03,0	1983
Per A. Simonsen	16.21,5	1991
Asger N. Sørensen	16.40,0	1994
Torben Sørensen	17.30,9	1986
Per Andersen	17.33,1	1986
Lars Toft	17.37,0	1984
Djafar Tamechmecht	17.43,1	1993
John Svop	17.56,5	1987
Magnus Hamlin	18.02,9	1990
Tonni Hansen	18.04,1	1987
Niels Duedahl	18.12,5	1995
Bent Lauridsen	18.13,0	1984
Henning Rasmussen	18.20,0	1984
Preben Lauesen	18.52,3	1983

10000 m

Jens Pedersen	31.29,1	1993
Arne Mogensfeldt	32.48,6	1975
Ole Nielsen	33.55,4	1993
Per A. Simonsen	34.16,0	1990
Asger N. Sørensen	35.54,1	1993
Carsten Andersen	36.12,1	1987
Per Andersen	36.20,4	1986
Torben Sørensen	36.29,5	1986
John Svop	36.39,0	1985
Bent Lauridsen	38.54,0	1984

10 km landevej

Jens Pedersen	32.12,0	1995
Per A. Simonsen	32.51,0	1991
Ole Nielsen	33.18,0	1994
Niels Christiansen	34.05,0	1989
Asger N. Sørensen	34.48,0	1996
Djafar Tamechmecht	36.51,30	1991
Jan Olsen	37.36,0	1990
Lars Toft	37.39,0	1984
Niels Duedahl	37.51,0	1995
Per S. Rasmussen	39.23,0	1992

15 km

Jens Pedersen	49.23,0	1993
Ole Nielsen	52.05,0	1993

20 km

Per A. Simonsen	1.10.50,0	1990
Poul Arne Stegø	1.12.13,0	1981
Torben Sørensen	1.12.32,2	1986
Arne Mogensfeldt	1.13.25,0	1975
Carsten Andersen	1.13.36,0	1987
John Svop	1.15.07,0	1984
Niels Christiansen	1.15.28,0	1989
Jan Olsen	1.17.58,0	1990
Magnus Hamlin	1.18.24,0	1990
Bent Lauridsen	1.23.35,0	1984
Tonni Hansen	1.24.54,0	1987
Henning Rasmussen	1.27.05,0	1984

1/2 marathon

Per A. Simonsen	1.14.59,0	1990
Jens Pedersen	1.15.24,0	1994
Ole Nielsen	1.16.02,0	1993
Tonny Simonsen	1.19.20,0	1992
Jan Olsen	1.19.27,0	1992
Asger N. Sørensen	1.20.14,0	1992
Djafar Tamechmecht	1.20.44,0	1993
Magnus Hamlin	1.25.16,0	1991
Per S. Rasmussen	1.28.04,0	1992
Erik Rasmussen	1.28.16,0	1990
Morten Heitmann	1.32.25,0	1993
Gert Duus	1.54.46,0	1994

30 km

John Svop	2.04.42,0	1985
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Side 16
Alle tiders bedste

Herrer Gruppe 30

Marathon

Per A. Simonsen	2.37.09,0	1989
John Svop	2.46.10,0	1984
Magnus Hamlin	2.53.37,0	1990
Poul Arne Stegø	2.55.32,0	1981
Jan Olsen	2.55.40,0	1990
Flemming Pytlick	2.58.08,0	1991
Torben Sørensen	2.58.45,0	1986
Niels Christiansen	3.03.30,0	1989
Per Andersen	3.09.13,0	1985
Per Nielsen	3.26.44,0	1996
Bent Lauridsen	3.38.31,0	1984
Henning Rasmussen	3.57.06,0	1984
Gert Duus	4.04.06,0	1995

110 m hækk

Preben Larsson	16,9	1985
Gilbert Jespersen	19,9	1982

3000 m forh.

Poul Arne Stegø	10.02,4	1981
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4 * 100 m

Finn Olsen	46,8	1985
Preben Larsson		
Gilbert Jespersen		
Kurt Wahl		

Længdespring

Gilbert Jespersen	6,29	1982
Hans Bøgner	6,18	1982
Kurt Wahl	5,73	1982
Jens Pedersen	4,17	1995
Gert Duus	3,64	1995

Trespring

Kurt Wahl	12,07	1981
Gilbert Jespersen	11,64	1982

Højdespring

Gilbert Jespersen	1,80	1981
Hans Bøgner	1,70	1981
Lars Hansen	1,60	1995

Stangspring

Bent L. Sørensen	3,20	1982
Hans Bøgner	2,20	1982

Kuglestød

Freddie Nielsen	13,10	1981
Finn Olsen	11,18	1985
Preben Larsson	11,07	1985
Poul Rasmussen	10,63	1986
Tage Christoffersen	10,06	1984
Hans Bøgner	9,72	1981
Gilbert Jespersen	9,70	1982
Jens Pedersen	6,95	1995
Gert Duus	6,23	1995
Carsten Andersen	4,71	1985

Diskoskast

Tage Christoffersen	36,17	1982
Freddie Nielsen	35,95	1982
Lars Hansen	35,44	1995
Gilbert Jespersen	34,95	1983
Preben Larsson	29,81	1985
Hans Bøgner	28,39	1982
Bent L. Sørensen	27,45	1983
Poul Rasmussen	27,42	1986
Kurt Wahl	24,24	1982

Spydkast

Tage Christoffersen	61,09	1980
Preben Larsson	51,12	1985
Finn Olsen	48,39	1982
Gilbert Jespersen	48,23	1983
Hans Bøgner	34,12	1982
Kurt Wahl	32,49	1982

Side 17
Alle tiders bedste

Herrer Gruppe 30

Hammerkast

Freddie Nielsen	46,05	1982
Allan Drejer	39,29	1980
Poul Rasmussen	38,75	1986
Gilbert Jespersen	32,15	1983
Tage Christoffersen	26,88	1980
Carsten Andersen	9,30	1985

5-kamp DAF

Gilbert Jespersen	2744	1984
Hans Bøgner	2154	1982
Kurt Wahl	1970	1982

Herrer Gruppe 35

100 m

Kurt Wahl	11,4	1983
Hans Bøgner	12,5	1983
Gilbert Jespersen	12,5	1986
Djafar Tamechmecht	12,7	1994
Jørn-Iver Beck	13,1	1983
Niels J. Rasmussen	13,6	1995
Magnus Hamlin	15,5	1995

200 m

Kurt Wahl	23,4	1983
Gilbert Jespersen	25,5	1987
Djafar Tamechmecht	25,5	1994
Jørn-Iver Beck	26,4	1982
Hans Bøgner	26,5	1983
Magnus Hamlin	30,9	1995

300 m

Djafar Tamechmecht	40,8	1995
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400 m

Gilbert Jespersen	54,88	1986
Henning Rasmussen	58,2	1987
Hans Bøgner	58,9	1983
Torben Sørensen	61,1	1987
Djafar Tamechmecht	62,3	1995
Jørn-Iver Beck	65,5	1983
Magnus Hanlin	68,2	1996
Bent Lauridsen	71,2	1987

800 m

Gilbert Jespersen	2.02,5	1987
Per A. Simonsen	2.11,0	1993
Svend Skipper	2.12,0	1986
Henning Rasmussen	2.16,8	1986
Mogens Nielsen	2.17,8	1996
Erling Hansen	2.24,6	1982
Abdellatif Elhamouni	2.26,5	1991
Magnus Hamlin	2.33,2	1995

Side 18
Alle tiders bedste

Herrer Gruppe 35

1000 m

Gilbert Jespersen	2.42,9	1986
Mogens Nielsen	2.51,3	1995
Abdellatif Elhamouni	2.53,3	1994
Per A. Simonsen	2.53,3	1994
Niels Christiansen	2.57,2	1994
Djafar Tamechmecht	2.59,3	1994
Magnus Hamlin	2.59,4	1995
Carsten Andersen	3.04,2	1990

1500 m

Arne Mogensfeldt	4.16,2	1982
Per A. Simonsen	4.18,3	1996
Gilbert Jespersen	4.20,5	1987
Djafar Tamechmecht	4.26,8	1994
Svend Skipper	4.27,5	1986
Abdellatif Elhamouni	4.30,6	1991
Mogens Nielsen	4.30,3	1995
Niels Christiansen	4.31,3	1994
Henning Rasmussen	4.38,6	1986
Bent Lauridsen	4.45,2	1985
Erling Hansen	4.55,0	1983
Hans Bøgner	5.07,9	1983
Bent L. Sørensen	5.11,1	1986
Niels J. Rasmussen	5.25,2	1995
Magnus Hamlin	5.25,4	1996
Jørn-Iver Beck	5.33,2	1983

1 mile

Gilbert Jespersen	4.43,1	1987
Djafar Tamechmecht	4.54,2	1994
Mogens Nielsen	4.55,9	1995
Magnus Hamlin	5.14,0	1995
Abdellatif Elhamouni	5.18,9	1994

2000 m

Per A. Simonsen	6.00,3	1994
Mogens Nielsen	6.06,6	1995
Niels Christiansen	6.13,4	1994
Abdellatif Elhamouni	6.22,1	1993
Djafar Tamechmecht	6.33,9	1995
Magnus Hamlin	6.36,6	1995

3000 m

Arne Mogensfeldt	8.40,7	1978
Niels Christiansen	9.27,6	1994
Per A. Simonsen	9.33,4	1996
Djafar Tamechmecht	9.45,6	1994
Carsten Andersen	9.56,2	1989
Abdellatif Elhamouni	9.57,5	1991
Bent Lauridsen	10.03,0	1985
Bent Plith	10.06,1	1988
Magnus Hamlin	10.06,2	1995
Erling Hansen	10.58,0	1983

5000 m

Arne Mogensfeldt	14.53,6	1978
Per A. Simonsen	15.50,8	1992
Niels Christiansen	16.12,9	1994
Svend Skipper	16.15,4	1987
Mogens Nielsen	16.30,2	1995
Torben Sørensen	16.33,4	1989
Djafar Tamechmecht	16.44,0	1994
Carsten Andersen	16.47,1	1990
Abdellatif Elhamouni	17.00,6	1991
Magnus Hamlin	17.34,8	1995
Henning Rasmussen	17.37,2	1986
Erling Hansen	17.41,0	1983
Bent Lauridsen	17.46,7	1988
Jørn Nielsen	18.34,4	1986
Preben Rasmussen	19.07,0	1987
Hans Bøgner	20.17,0	1983
Jørn-Iver Beck	21.35,0	1983

10000 m

Arne Mogensfeldt	30.51,0	1978
Per A. Simonsen	33.24,6	1996
Niels Christiansen	33.34,90	1994
Svend Skipper	34.00,0	1987
Carsten Andersen	34.36,0	1990
Mogens Nielsen	34.44,5	1995
Torben Sørensen	36.00,2	1987
Abdellatif Elhamouni	36.33,8	1993
Henning Rasmussen	36.57,0	1985
Magnus Hamlin	37.04,20	1994
Erling Hansen	37.19,8	1982
Keld B. Petersen	39.15,0	1984

Side 19
Alle tiders bedste

Herrer Gruppe 35

10 km landevej

Arne Mogensfeldt	31.44,7	1978
Per A. Simonsen	32.15,0	1995
Niels Christiansen	33.44,0	1994
Djafar Tamechmecht	34.42,0	1994
Carsten Andersen	35.01,0	1990
Leif Nielsen	35.06,0	1992
Svend Skipper	35.09,0	1986
Mogens Nielsen	35.22,0	1994
Abdellatif Elhamouni	35.24,0	1991
John Svop	36.29,0	1990
Henning Rasmussen	37.17,0	1986
Bernt Engstrøm	37.20,0	1994
Jørn Nielsen	37.31,0	1986
Magnus Hamlin	37.53,0	1994
Kamel Tamechmecht	37.58,0	1991
Niels Duedahl	38.16,0	1996
Tonni Hansen	38.45,0	1994
Ole Rasmussen	40.02,0	1990
Tommy Christensen	42.13,00	1991
Henning Jensen	44.37,20	1991

15 km

Arne Mogensfeldt	47.56,4	1978
Carsten Andersen	52.32,0	1991
Niels Christiansen	52.56,0	1991
Mogens Nielsen	56.56,0	1995

20 km

Arne Mogensfeldt	1.03.30,0	1979
Carsten Andersen	1.09.27,0	1989
Svend Skipper	1.10.51,9	1986
Niels Christiansen	1.11.42,0	1990
Torben Sørensen	1.12.08,0	1989
Jørn Nielsen	1.14.16,6	1986
John Svop	1.14.42,0	1988
Henning Rasmussen	1.14.50,6	1986
Erling Hansen	1.16.49,0	1981
Bent Lauridsen	1.20.40,0	1986
Keld B. Petersen	1.21.16,0	1984
Preben Rasmussen	1.25.08,0	1987
Ole Rasmussen	1.25.50,0	1990
Tommy Christensen	1.31.54,0	1990

1/2 marathon

Arne Mogensfeldt	1.07.12,0	1979
Per A. Simonsen	1.12.30,0	1992
Torben Sørensen	1.12.35,0	1991
Carsten Andersen	1.15.42,0	1990
Niels Christiansen	1.16.30,0	1992
Mogens Nielsen	1.17.27,0	1995
Abdellatif Elhamouni	1.18.43,0	1992
John Svop	1.19.06,0	1991
Leif Nielsen	1.19.57,0	1992
Bernt Egnstrøm	1.20.29,0	1994
Magnus Hamin	1.23.54,0	1995
Niels Duedahl	1.29.58,0	1996
Tommy Christensen	1.31.57,0	1991
Ole Rasmussen	1.36.34,0	1993
Henning Jensen	1.38.27,0	1993

30 km

Arne Mogensfeldt	1.36.24,8	1978
Erling Hansen	1.58.11,0	1982
Torben Sørensen	2.00.00,0	1988
John Svop	2.00.28,0	1988
Henning Rasmussen	2.22.36,0	1985

Marathon

Arne Mogensfeldt	2.16.13,7	1978
Torben Sørensen	2.35.11,0	1991
Carsten Andersen	2.35.39,0	1989
Per A. Simonsen	2.36.37,0	1992
Svend Skipper	2.39.15,0	1987
Jørn Nielsen	2.44.57,0	1986
John Svop	2.46.20,0	1989
Erling Hansen	2.47.47,0	1981
Mogens Nielsen	2.51.11,0	1995
Henning Rasmussen	2.57.10,0	1989
Flemming Pytlick	3.06.16,0	1995
Bent Lauridsen	3.09.25,0	1985
Keld B. Petersen	3.14.20,0	1984
Mogens Clausen	3.18.57,0	1988
Preben Rasmussen	3.25.58,0	1989
Ole Rasmussen	3.26.01,0	1990
Sabit Muhibic	3.35.02,0	1995
Tommy Christensen	3.46.11,0	1990

Side 20
Alle tiders bedste

Herrer Gruppe 35

100 km

Arne Mognesfeldt	7.33.12,0	1982
Magnus Hamlin	9.51.28,0	1992

110 m hæk

Kurt Wahl	18,5	1983
Jørn-Iver Beck	20,3	1983
Hans Bøgner	21,1	1983

4 * 400 m

Svend Skipper	3.51,53	1986
Henning Rasmussen		
Bent Lauridsen		
Gilbert Jespersen		

Længdespring

Hans Bøgner	6,05	1983
Jørn-Iver Beck	6,02	1981
Gilbert Jespersen	5,69	1988
Kurt Wahl	5,68	1984
Niels J. Rasmussen	4,57	1995

Trespring

Jørn-Iver Beck	13,08	1981
Hans Bøgner	11,19	1983

Højdespring

Gilbert Jespersen	1,75	1987
Hans Bøgner	1,60	1983
Jørn-Iver Beck	1,55	1983

Stangspring

Jørn-Iver Beck	3,00	1981
Hans Bøgner	2,60	1983
Bent L. Sørensen	2,20	1986

Kuglestød

Freddie Nielsen	13,66	1983
Finn Olsen	11,44	1991
Hans Bøgner	9,59	1983
Jørn-Iver Beck	9,33	1983
Gilbert Jespersen	8,98	1990
Niels J. Rasmussen	7,76	1995
Magnus Hamlin	7,12	1996
Erling Hansen	6,52	1983

Diskoskast

Freddie Nielsen	36,74	1985
Gilbert Jespersen	33,96	1990
Tage Christoffersen	33,60	1989
Jørn-Iver Beck	27,09	1983
Hans Bøgner	26,14	1983
Kurt Wahl	22,65	1985

Spydkast

Gilbert Jespersen	46,73	1986
Hans Bøgner	33,97	1983
Jørn-Iver Beck	30,71	1982

Hammerkast

Freddie Nielsen	47,94	1983
Gilbert Jespersen	35,20	1988
Jørn-Iver Beck	18,20	1983
Hans Bøgner	17,99	1983

5-kamp DAF

Gilbert Jespersen	2825	1987
Hans Bøgner	2122	1983
Jørn-Iver Beck	1874	1982

Side 21
Alle tiders bedste

Herrer Gruppe 40

100 m

Gilbert Jespersen	13,4	1995
Niels Christiansen	14,1	1996

200 m

Gilbert Jespersen	28,6	1993
Niels Christiansen	28,6	1996

400 m

Gilbert Jespersen	57,2	1992
Niels Christiansen	60,8	1996

800 m

Svend Skipper	2.09,8	1989
Gilbert Jespersen	2.10,5	1992
Niels Christiansen	2.16,4	1995
Erling Hansen	2.29,4	1986
Keld B. Petersen	2.34,4	1986
Poul E. Pedersen	2.37,0	1996

1000 m

Niels Christiansen	2.53,0	1996
Abdellatif Elhamouni	2.53,1	1995
Gilbert Jespersen	2.55,7	1994

1500 m

Arne Mogensfeldt	4.20,1	1986
Niels Christiansen	4.27,5	1996
Gilbert Jespersen	4.33,4	1992
Abdellatif Elhamouni	4.37,6	1995
Erling Hansen	4.58,8	1988
John Hvidtfeldt	5.02,2	1986
Keld B. Petersen	5.07,2	1986

1 mile

Niels Christiansen	4.54,7	1996
Abdellatif Elhamouni	5.00,3	1995
Gilbert Jespersen	5.08,1	1994

2000 m

Niels Christiansen	6.10,4	1996
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3000 m

Niels Christiansen	9.25,3	1995
Torben Sørensen	9.26,4	1995
Abdellatif Elhamouni	10.01,1	1995
Poul E. Pedersen	11.34,7	1996

5000 m

Arne Mogensfeldt	15.29,1	1983
Niels Christiansen	16.02,2	1996
Svend Skipper	16.09,8	1988
Torben Sørensen	16.31,5	1995
John Hvidtfeldt	17.38,6	1988
Erling Hansen	17.40,7	1984
Keld B. Petersen	17.47,5	1988
Mogens Clausen	18.34,1	1991
Bernt Engstrøm	18.56,7	1995
Poul E. Pedersen	19.43,2	1996
Lars Toft	20.46,8	1995

10000 m

Niels Christiansen	33.20,0	1996
Arne Mogensfeldt	33.53,0	1984
Torben Sørensen	34.38,1	1995
John Hvidtfeldt	36.31,2	1986
Erling Hansen	37.22,0	1985
Keld B. Petersen	37.42,1	1986
Erling Larsson	38.56,4	1989
Jørn-Iver Beck	41.00,9	1989

Side 22
Alle tiders bedste

Herrer Gruppe 40

10 km landevej

Arne Mogensfeldt	32.06,0	1983
Niels Christiansen	33.36,0	1995
Torbren Sørensen	35.06,0	1996
John Svop	36.13,0	1994
Abdellatif Elhamouni	36.48,0	1995
Keld B. Petersen	37.41,0	1986
Erling Hansen	37.46,0	1986
Mogens Clausen	39.11,60	1991
Erik Linde	39.16,10	1991
Alex Petersen	39.27,0	1991
Bent Lauridsen	40.59,0	1990
Preben Rasmussen	43.34,00	1991
Tommy Christensen	43.57,0	1996
Flemming Rasmussen	45.55,0	1996

15 km

Niels Christiansen	52.59,0	1995
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20 km

Arne Mogensfeldt	1.05.17,1	1983
Svend Skipper	1.10.01,0	1988
John Hvidtfeldt	1.14.37,3	1986
Erling Hansen	1.15.26,9	1986
Keld B. Petersen	1.16.40,4	1986
Erik Linde	1.21.30,0	1990
Erling Larsson	1.21.43,0	1989
Alex Petersen	1.28.16,0	1990
Jørn-Iver Beck	1.29.18,0	1989

1/2 marathon

Torbren Sørensen	1.14.42,0	1992
Niels Christiansen	1.16.38,0	1995
John Svop	1.19.22,0	1993
Jørn Nielsen	1.23.31,0	1993
Erik Linde	1.26.12,0	1991
Mogens Clausen	1.26.47,0	1993
Allan Legaard	1.29.49,0	1994
Kurt Slabiak	1.31.16,0	1995
Bent Haumann	1.32.03,0	1996
Tommy Christensen	1.33.32,0	1995
Bent Lauridsen	1.33.53,0	1993
Henning Jensen	1.34.49,0	1994
Iver Midtiby	1.36.05,0	1996
Preben Rasmussen	1.42.08,0	1993

30 km

Erling Hansen	2.01.38,0	1985
Keld B. Petersen	2.08.23,0	1985

Marathon

Arne Mogensfeldt	2.22.19,0	1983
Torbren Sørensen	2.32.54,0	1992
John Svop	2.50.08,0	1993
Erling Hansen	2.50.35,0	1986
John Hvidtfeldt	2.54.35,0	1988
Jørn Nielsen	2.58.42,0	1992
Keld B. Petersen	3.01.02,0	1989
Erling Larsson	3.12.59,0	1989
Bent Haumann	3.13.31,0	1996
Erik Linde	3.14.29,0	1989
Henning Rasmussen	3.14.34,0	1992
Alex Petersen	3.22.36,0	1988
Kurt Slabiak	3.23.17,0	1995
Allan Legaard	3.25.39,0	1995
Jørn-Iver Beck	3.28.30,0	1989
Henning Jensen	3.32.01,0	1995
Bent Lauridsen	3.47.42,0	1994
Tommy Christensen	3.36.21,0	1995

100 km

Torbren Sørensen	7.54.13,0	1992
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Længdespring

Gilbert Jespersen	5,21	1993
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Trespring

Jørn-Iver Beck	12,40	1986
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Højdespring

Gilbert Jespersen	1,60	1991
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Side 23
Alle tiders bedste

Herrer Gruppe 40

Kuglestød

Freddie Nielsen	13,14	1988
Gilbert Jespersen	9,00	1995
Niels Christiansen	6,68	1996

Diskoskast

Freddie Nielsen	37,28	1988
Gilbert Jespersen	32,20	1991
Niels Christiansen	14,12	1996

Spydkast

Gilbert Jespersen	42,40	1994
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Hammerkast

Freddie Nielsen	44,14	1991
Gilbert Jespersen	31,76	1991

5-kamp DAF

Gilbert Jespersen	2115	1993
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Herrer Gruppe 45

100 m

Ole Thingstrup	12,4	1992
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200 m

Ole Thingstrup	26,18	1993
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800 m

Kurt Jørgensen	2.16,0	1996
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1500 m

Kurt Jørgensen	4.30,0	1996
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1 mile

Kurt Jørgensen	4.54,3	1996
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3000 m

Kurt Jørgensen	10.23,3	1996
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5000 m

Kurt Jørgensen	17.09,1	1996
Erling Larsson	17.57,8	1993
Erling Hansen	18.00,8	1989

10000 m

Kurt Jørgensen	36.22,6	1996
Svend Madsen	38.13,1	1996
Erling Hansen	38.34,1	1989

10 km landevej

Kurt Jørgensen	36.37,0	1996
Erling Larsson	36.44,0	1990
Keld B. Petersen	36.58,0	1990
John Hvidtfeldt	37.37,0	1990
Erik Linde	37.57,0	1992
Erling Hansen	38.05,0	1992
Jørn-Iver Beck	46.36,6	1994

Side 24
Alle tiders bedste

Herrer Gruppe 45

20 km

Keld B. Petersen	1.17.36,0	1990
John Hvidtfeldt	1.17.46,0	1990
Erling Hansen	1.18.05,0	1990
Andreas Lisbjerg	1.34.33,0	1990

1/2 marathon

Erling Larsson	1.21.07,0	1991
John Hvidtfeldt	1.21.43,0	1991
Keld B. Petersen	1.22.35,0	1993
Erling Hansen	1.22.58,0	1991
Erik Linde	1.23.59,0	1993
Lars Bo Simper	1.25.24,0	1995
Alex Petersen	1.25.57,0	1993
Allan Legaard	1.34.31,0	1996
Jørn Nielsen	1.34.52,0	1996
Andreas Lisbjerg	1.35.14,0	1990

Marathon

Lars Bo Simper	2.57.26,0	1995
John Hvidtfeldt	2.58.14,0	1990
Erling Hansen	2.58.48,0	1990
Erling Larsson	3.02.57,0	1990
Keld B. Petersen	3.03.06,0	1991
Erik Linde	3.03.57,0	1993
David Rundell	3.25.22,0	1987
Svend Madsen	3.31.40,0	1996
Allan Legaard	3.38.29,0	1996
Andreas Lisbjerg	4.33.58,0	1990

100 km

Erling Hansen	9.20.23,0	1993
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Højdespring

Gilbert Jespersen	1,50	1996
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Kuglestød

Herman Ahring	11,25	1975
Kurt Jørgensen	8,00	1996

Diskoskast

Herman Ahring	35,01	1975
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Spydkast

Gilbert Jespersen	42,40	1996
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Hammerkast

Herman Ahring	39,71	1975
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Vægtkast

Herman Ahring	11,67	1975
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Kaste 3-kamp

Herman Ahring	1764	1975
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Side 25
Alle tiders bedste

Herrer Gruppe 50

100 m

Ole Thingstrup	12,6	1996
Jørn-Iver Beck	13,9	1996

200 m

Ole Thingstrup	26,5	1996
Jørn-Iver Beck	30,8	1996

400 m

Jørn-Iver Beck	65,8	1996
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1000 m

Jørn-Iver Beck	3.45,7	1996
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5000 m

Erling Hansen	18.58,4	1995
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10000 m

Erling Larsson	38.47,6	1995
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10 km landevej

John Hvidtfeldt	38.06,0	1994
Erling Larsson	39.25,0	1996
Erling Hansen	39.31,0	1995

1/2 marathon

John Hvidtfeldt	1.22.46,0	1995
Erling Larsson	1.25.14,0	1996
Keld B. Petersen	1.26.41,0	1996
Erling Hansen	1.26.42,0	1995

Marathon

John Hvidtfeldt	2.54.41,0	1995
Erling Hansen	3.02.36,0	1995
Erling Larsson	3.03.39,0	1996
Keld B. Petersen	3.08.12,0	1996

100 km

Erling Hansen	9.51.34,0	1994
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Kuglestød

Jørn-Iver Beck	8,67	1996
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Diskoskast

Jørn-Iver Beck	23,38	1996
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Herrer Gruppe 65

5000 m

Helge Dam	24.54,7	1989
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Herrer Gruppe 70

10 km landevej

Helge Dam	51.51,0	1991
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